

Empowering Parents: Building Trust and Talking to Kids About Online Safety

**Presented by Cynthia Reetz, MA, LCPC,
CSAT-Supervisor**



**Wednesday, April 30, 2025
6:30-8:45pm CDT**

How can we, as parents, guide our children to open up to us when they face challenges online?

Join us for a practical, parent-focused workshop designed to empower you with:

- How to start and maintain conversations about internet safety in age-appropriate ways
- Tips for building trust so your child feels comfortable sharing their experience
- Strategies to process exposure to inappropriate content
- Recommended resources & books to continue learning

Cynthia is particularly passionate about parent education, having guided parents for many years in navigating difficult yet essential conversations around topics such as disclosing difficult information, sex education, and internet safety. Her mission is to empower parents with the knowledge and confidence to foster strong, open, and trusting relationships with their children.

As the presenter of this workshop, she will offer practical advice, share proven strategies, and create a space where parents can learn how to have conversations with their children about their screen use and exposure.

Prepare to feel informed, empowered, and equipped to tackle these conversations with care and confidence!

Please submit any specific questions you have, prior to the workshop, to info@willowclinical.com.

In person at Willow Clinical Services's Oak Brook office or via Zoom
1000 Jorie Blvd
Conference Room A
Oak Brook, 60523

**Cost \$40 per person -
\$60 per couple**

Register with Cheryl@willowclinical.com
Please register by April 28th

This workshop will be recorded for training purposes and may be provided to other clients for their benefit.