

HELP HER HEAL

Informed Workshop

A Two-Day Experiential
Intensive Workshop for Men
Seeking to Support Their
Partner's Healing After
Betrayal



Email: info@willowclinical.com to register or to find out more.
Space is limited. Early registration is encouraged.

Based on the book *Help Her Heal* by Allan J. Katz and Carol Juergensen Sheets.
This workshop is not affiliated with or endorsed by the authors or publisher.

FACILITATORS

DARIUS COLLINS, MA, LCPC, ASAT, APTT,
DAIP TRAINED

ANASTACIA FAVELA, MA, MS, LPC, ASAT

CYNTHIA REETZ, MA, LCPC, CSAT-
SUPERVISOR

Best Fit For Men Who Are:

- Early in recovery process: Minimum of 6-months participation in individual treatment required
- Further along in recovery and struggling to respond with empathy, consistency, and safety
- Seeking more practice to effectively communicate and apply the principles of repair in real-life conversations

Participants Will Focus On:

- Reducing defensiveness, minimization, and shame spiraling during conversation
- Learning and practicing empathic responses
- Tolerating partner pain without shutting down, fixing, or escalating
- Repeated roleplay with coaching and feedback

COST: \$1,200 per participant

EARLY BIRD: \$995

When registered by May 18, 2026

****This is a self-pay service and is not billable to insurance.****

In Person Workshop Willow Clinical Services

1000 Jorie Blvd.
Conference Room
Oak Brook, IL 60523

**SATURDAY & SUNDAY
JULY 18 – 19, 2026
8:30 AM – 5:00 PM
BOTH DAYS**

Lunch, snacks, and light refreshments provided.



www.willowclinical.com