



Finding Our Way Back:

Changing the Dance After Betrayal

Three Day Experiential Intensive Workshop for Couples



DATES:
Sundays,
October 11th,
October 18th, and
October 25th



TIME:
10am – 3pm



LOCATION:
In person in
Willow Clinical
Services
Lincolnwood, IL
office



Kosher lunch and
snacks provided
each day



Group will be
kept small,
space is limited

Healing after betrayal takes time, support, and a safe place to practice new ways of relating. This three-day intensive is designed for couples who are already engaged in individual recovery work and want to understand what is happening below the surface that gets in the way of deeper connection.

This Emotionally Focused Therapy (EFT) workshop includes small group breakouts, and structured “fishbowl” experiences so that each person will have a better understanding of their partner’s internal experience.

Participants will have opportunities to:

- Understand betrayal trauma and attachment injury
- Learn and address what is happening below the surface emotionally
- Practice listening without defending or shutting down
- Share vulnerable emotions in a supported setting
- Build empathy and accountability
- Practice repair conversations
- Create a plan for continued healing



COST:
\$3,000 per couple

This is a self-pay workshop and is not billable to insurance.



Early bird rate:
\$2,700 per couple
if registered by
August 24, 2026

> FACILITATORS: <

Manya Howie, MA, LPC, CSAT • Yael Sonenthal, MA, LPC, CSAT-Candidate
& Darius Collins, MA, LCPC, ASAT, APTT, DAIP Trained



REGISTRATION:



Contact info@willowclinical.com
to register or for more information